Behavioral Health Board Minutes San Luis Obispo County

February 19, 2014 2:00 - 5:00 p.m. Annex Building, 2180 Johnson Ave San Luis Obispo, CA 93401

MEMBERS PRESENT:

MEMBERS AND ALTERNATES ABSENT:

BEHAVIORAL HEALTH STAFF PRESENT:

Anne Robin Stephan Ponce Linda Connolly Charmaine Quinlan Pam Crabaugh Aurora William

Karl Hansen Vicki Shelby (Supr. Mecham)

Jovce Heddleson Jim Salio

Kelly Kenitz (for Sheriff Parkinson) Maryanne Zarycka

Theresa Scott Jason Reed **David Riester**

Wayne Hansen Clint Weirick Frank Warren Tyler Brown

Jill Heuer **AGENCY STAFF PRESENT:**

Jon Nibbio (Family Care Network)

GUESTS:

Steve LePell (TMHA) Marshall Hamilton Derek Bishop (PAAT) Joe Madsen (TMHA) Martin Meltz (Comm. Volunteer)

Amy Beveridge (Bethel Lutheran Church)

- 1. Meeting was called to order @ 3:00 pm by David Riester.
- 2. Introductions and Announcements:
 - Anne Robin introduced herself to Board.
 - Round-table introduction.
 - Announcement was made that David Fisher is taking over John Byers position representing TMHA/PAAT.
 - Linda Connolly is attending her last meeting resuming in July or August.
 - Amy Beveridge from the Bethel Lutheran Church is currently developing a project for youth grades 7-12. This youth group is for kids with faith or no faith. The group has 5 students at the moment. This is an invitation to anyone interested
 - Jon Nibbio: The Miracle Miles Walk to Cayucos will be held on April 19, 2014. People from all walks of life will be attending. They are also partnering this year with other agencies and trying to get vouth involved in future caring. Looking forward in seeing vou all out there.
 - Martin Meltz: The Youth Committee for Homeless Services Oversight CAPSLO has prepared a survey that will be used by youth talking to youth. Anyone interested in learning more or its outcome, please contact Jessica Thomas who is the Chair and is with SLO Co. Of Education.
- 3. Citizen Comments: Citizens were invited to make comments relevant to Behavioral Health issues. None were given at this time.

4. <u>Action Item</u>: January 15, 2014, meeting minutes were reviewed. Frank Warren stated that the item which stated there would be a review for our Grant Application, did not happen for many reasons. Apologize for that. Will inform the Board of the outcomes of those Grants. Motion of approval by Joyce Heddleson and seconded by Linda Connolly and unanimously approved by the Board.

5. Executive Committee Report: Membership Changes

- Charmaine Quinland, Stephan Ponce and Lorna Hewitt are no longer able to participate in Behavioral Health Board activities.
- Maryanne Zarycka has been approved by the Board of Supervisors as member. Maryanne was a member of the Drug and Alcohol Board.
- o Dr. Marshall Hamilton is a candidate for Board Membership. We are sending recommendation next month for Board Membership.
- o Steve LePell is hopefully a candidate for Board Membership.

6. Executive Committee Report: Committee Structure and Assignments

- The Executive Committee has developed the Committees to coincide with the department's five divisions. The first Committee Meeting will meet with the Division Head to learn what that division's Mission, Vision and responsibilities are and what they perceive as the Division challenges are.
- David Reister: An organization called the California Local Mental Health Boards and Commissions Association Charmaine Quinlan was our representative. It entails two days per quarter (travel time), and they meet in different parts of the State. If anyone is interested in learning what other BHB are doing in the State, this is a good opportunity for you, please contact David Reister.

7. Director's Report: Anne Robin, Director

It is wonderful to be in San Luis Obispo. Ms. Robin has been here over two months. Has had wonderful meetings with Managers, with TMHA, with Cencal and hoping to go out to the schools. Looking forward to meeting with more folks. Anne thanked everyone on the Board for their valuable time participating and being involved in the Board. Anne Robin gave a brief summary of her life-long career in Mental Health and as the director in Bute County.

- This Friday afternoon the Division Managers are having a meeting for strategic planning, our change process and look at priorities. Will then come back to notify the Board and maybe get the Board involved.
- Our BHB budget for the first year in eight years is not in a cut mode. We don't look for ways to cut.
- Ms. Robin has worked with Children's Services for about 9 years. Pleased to have Brad Sunseri here for about 35 years who developed a strong system. Have some challenges with Social Services and Katie A though kids are getting services. There is still work to be done but good things are happening.
- On the Adult side Judy Vick is wonderful, learning, passionate and excited pumping up Adult Services. We have great services with TMHA. Our core services can use a refresh, have some ideas around how to do that.
- On compliance, we are looking at all Committees making sure all is aligned and have the right people on them.
- Have been updating PHF by-laws.

• Hot Topic Items:

- Medi-Cal issues. We have weekly meetings with Holman Group to talk about the patient flow.
- Working on conflict of interest statements, flow documents and looking on other options on service prevention. Finalizing documents to hand to clients.
- We estimate about 30% of MH Patients who qualify for Medi-Cal, don't have Medi-Cal. We are looking forward to getting reimbursed for these services we have traditionally provided based on need regardless of ability to pay.

- We are still awaiting our Drug Medical Certification for approval. Have not billed for services yet.
- Occurring Treatment is moving forward. Planning to develop a walk-in clinic-single assessment so people get assessed for MH and Substance Use disorder needs. Then more specialized detailed part of the assessment can be done once it has been determined CO, AOD only or MH only.
- We were not granted the Triage Grant. We appealed it and they said no. We'll re-apply for next round.
- The CHAFFA Grant has two parts. One for expansion to mobile crisis that pays for staff. The other part is for our facility. Our plan is to put a modular to be a 4-bed, 23 hour, crisis stabilization unit for clients to be assessed, stabilized, develop a plan and send on their way. This would prevent using the E.R. and PHF units.
- Psychiatric Services. We've had 6-7 retired. Need to recruit permanent Psychiatrists. Looking into tele-medicine. It is one way we may have stability. We are working with IT. Tele-Psychiatry has come a long way and is very acceptable.
- o Action item not previously agendized due to time constraint:
 - The BHD will take an agenda item to the BOS on March 11 to request an increase in psychiatry salaries to improve recruitment. BHB would like to provide a letter of support to this proposal
 - Motion by: Second:
 - Motion carried and Chair was directed to work with department to develop a letter of support.

8. Adjournment: Meeting was adjourned at 5:00p.m.

The next Behavioral Health Board meeting will be Wednesday, March 19, 2013, 3:00pm – 5:00pm in the Annex Conference Room, (the brick building behind the Health Campus.)

Laura Zarate